

Headway Swindon



the brain injury association

Referral Pack

Introduction

Headway Swindon provides adults with brain injury support through cognitive rehabilitation therapy. We provide a service to adults in Swindon, Wiltshire, Oxfordshire and Gloucestershire area.



Context

Headway Swindon provides a safe, relaxed environment for adults who have experienced a brain injury. Our aim is to enable and support people to reach their potential by the use of cognitive rehabilitation therapy (CRT).

Cognitive rehabilitation therapy is the process of relearning cognitive skills that have been affected as a result of damage to the brain.

There are four areas of CRT that we cover at Headway:

- **Process Training (practice)** – involves pen and paper exercises in which the brain is stimulated. This approach will identify the deficits of cognition; exercises are then used to improve the specific difficulty.
- **Strategy Training** – is vital in the approach to improving cognition. This training uses internal and external strategies to compensate

for the difficulties a person experiences e.g. mobile phones, note pads, mnemonics and visualisation.

- Education – around brain injury and the effects will develop awareness of the specific problems being experienced.
- Functional Activities Training – this involves applying all of the three areas above to apply to everyday life.

How will this help?

We aim to establish new patterns of cognitive behaviour or compensate for lost or damaged patterns. Headway Swindon aim tailor the programme to each individual to reach their own personal potential.

This will involve a period of assessment in order to establish the correct goals and outcomes. This will be assessed on a regular basis in order that we maximize the benefits of the therapy.

The use of CRT will enhance the competence of experience real life situations. Allow individuals to increase their self-esteem and confidence in themselves. Provide a support network, signposting, information and emotional support through their peers and professional staff.

What else do we offer?

- Specialist computer software
- Speech and language
- Singing as therapy
- Cooking groups
- Conversation/discussion groups
- Art therapy
- Quiz group
- Reading group



Who do I refer?

Adults over 18 who have sustained a traumatic or acquired brain injury who feels they would benefit from cognitive rehabilitation in the Swindon, Wiltshire, Oxfordshire and Gloucestershire areas.

How do I refer?

Headway Swindon will receive referrals from anyone. Referrals should ideally be made on the referral form to ensure that all information is captured. Referrals can also be accepted in writing or over the telephone.

All referrals should be sent to:

Sonia de Blaquiere
Service Development Manager
Headway Swindon
Ground Floor
Avocet House
The Dorcan Complex
Faraday Road
Dorcan
Swindon
Wiltshire
SN3 5HQ

The referral form can be found within the referral pack and will be available from the website at www.headwayswindon.org.uk

For further advice about referrals, please contact us on 01793 674820.

What will happen next?

Once received, the referral will be processed and the person who the referral is about will be contacted (if appropriate). They will be invited in for a meeting to discuss their needs and have a look around the centre. We will then discuss if this service is right for your needs.



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Referral Form

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Date of Referral					
Patient Details					
Surname		Title		Gender	
First Name/s		Date of Birth			
Address		Telephone			
Next of Kin		Telephone			
Address					
Social Services Involvement		Y/N			
Social Workers Name:					
Contact Number:					
GP (Name & Address)					
Diagnosis					
Reason for Referral – What you hope the patient will achieve?					
Is the Patient aware of this referral		Y/N			
		Details:			
Referrer Details					

Name and Job title		
Address	Telephone Number	
	Email	
Clinical Information		
Details of discharge plans made to date		
Current Treatments (surgery, medication, etc.)		
Level of Disability		
Please state whether the patient is independent in:		
Toilet Use	Y/N Continent Bladder: Y/N Continent Bowels: Y/N	
Mobility Difficulties	Y/N Details:	
Please state whether the patient has:		
Communication Difficulties	Y/N Details:	
Swallowing Difficulties	Y/N Details:	
Cognitive Impairment	Y/N Details:	

Behaviour that is difficult to manage e.g. Verbal or physical aggression	Y/N Details:
Need for high levels of supervision to maintain safety e.g. wondering	Y/N Details:

Please send completed form to Headway Swindon, Ground Floor, Avocet House
The Dorcan Complex, Faraday Road, Dorcan, Swindon, Wiltshire
SN3 5HQ or by e-mail to sonia@headwayswindon.org.uk

Headway use only	
Received by:	
Date:	
Next Action:	